

SALA 2



	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
9:45							
10:45							
11:15							
12:30						ENTRENO PERSONAL	
15:00							
16:00	HIIT (45')		HIIT (45')	HIIT (45')			
17:00			BABY DANCE (45')	BABY DANCE (45')	HIIT XPRESS		
18:00	HIIT XPRESS	DELUXE DANCE (60')	HIIT XPRESS	HAPPY DANCE (60')	HIIT XPRESS		
	HIIT XPRESS		HIIT XPRESS		ENTRENO PERSONAL		
19:00		YOGA (75')		YOGA (75')	BACHATA		
19:30	HIIT (45')		HIIT (45')				
20:30	HIIT (45')	YOGA (75')	HIIT (45')	YOGA (75')			
22:00							